

STRONG SENIORS FITNESS

Presented by: Cove Senior Citizens Association



Fall 2021 Session # 2 Dates: November 3rd, 5th, 10th, 12th, 24th and
December 1st, 3rd, 8th,
10th and 15th

- Cost: \$4 drop in, or \$30 for a 10-class series
- Schedule: Wednesdays and Fridays at 9:30 -10:30 am
- Location: Cove Ascension School at the Coe Kerr Building

Address: 1104 Church Street

For more information, please contact Amy Hassinger at 541-910-8803