

STRONG SENIORS

FITNESS

Presented by: Cove Senior Citizens Association



Winter Session #2 Dates: February 16th, 18th, 23rd, 25th and
March 2nd, 4st, 9th, 11th, 16th and 18th

- Cost: \$4 drop in, or \$30 for a 10-class series
- Schedule: Wednesdays and Fridays at 9:30 -10:30 am
- Location: Cove Ascension School at the Coe Kerr Building

Address: 1104 Church Street

For more information, please contact Amy Hassinger at 541-910-8803