STRONG SENIORS FITNESS

Presented by: Cove Senior Citizens Association

Spring Session # 1 Dates: March 30th, April 1st, 6th, 8th, 13th, 15th, 27th and May 4th, 6th and 10th

- Cost: $4 drop in, or $30 for a 10-class series
- Schedule: Wednesdays and Fridays at 9:30 -10:30 am
- Location: Cove Ascension School at the Coe Kerr Building

Address: 1104 Church Street

For more information, please contact Amy Hassinger at 541-910-8803