

STRONG SENIORS FITNESS

Presented by: Cove Senior Citizens Association



Fall 2022 Session # 2 Dates: October 19th, 21st, 26th, 28th and November 2nd, 4th, 9th,
23rd, 25th and 30th

- Cost: \$4 drop in, or \$30 for a 10-class series
- Schedule: Wednesdays and Fridays at 9:30 -10:30 am
- Location: Cove Ascension School at the Coe Kerr Building

Address: 1104 Church Street

For more information, please contact Amy Hassinger at 541-910-8803